



# April Wellness Calendar

Monday

Tuesday

Wednesday

Thursday

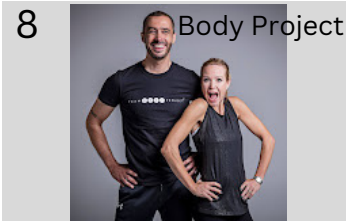
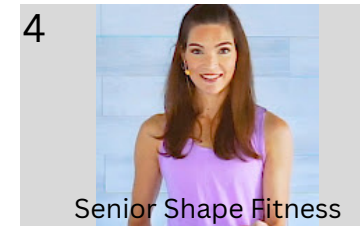
Friday



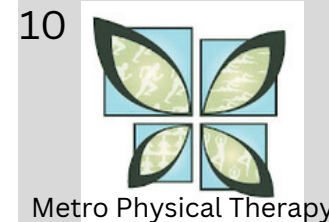
1  
March  
Madness  
Practice

2  
Ballroom Basics  
With  
Michael Ramirez

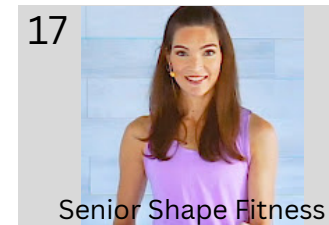
3  
March  
Madness  
Competition



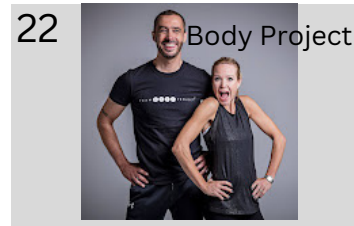
9  
Show Your Talent  
With  
Dawn Russell



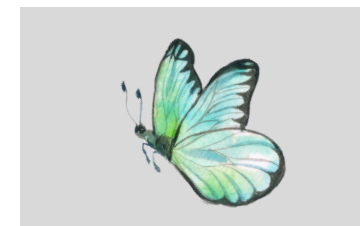
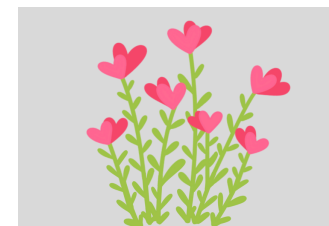
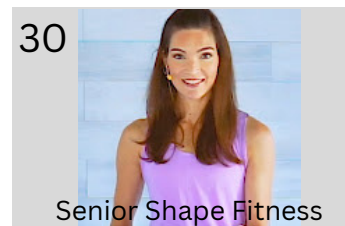
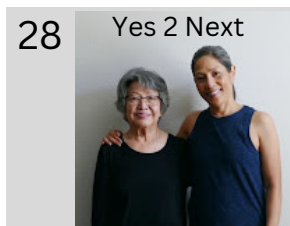
11  
Line Dancing  
With  
Juliana & Emma



18  
MARC Closed  
Good Friday



25  
Show Your Talent  
With  
Dawn Russell



All activities take place in the 151 Sheldon Rd. fitness center starting at 12:30 pm and are open to all people served and staff.  
Please see Amanda Moore with any questions. [amoore@marcct.org](mailto:amoore@marcct.org)