

October 2024 MARC Inc. REC

October's REC Sponsor is the CT DDS, Thank You!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 REC ACTIVITY: Pottery Night at Firestone Café 2:30p - 6:30p	2 Bowling League	3 REC ACTIVITY: REC Club Night @ MARC Activity: Make our REC Flag 2:30p - 6:30p	4	5 REC ACTIVITY: Dinner and a Concert Stevie Nicks Tribute 3:30p - 10:30p
6	7	8 REC ACTIVITY: Dave & Busters 2:30p - 6:30p	9 Wellness Wednesday Zumba with Barbara 151 Fitness Center 12:30p - 1:30p Bowling League	10 REC ACTIVITY: REC Club Night @ MARC Activity: Pottery 2:30p - 6:30p	11 REC ACTIVITY: Cinemark Movie & Dinner Out 2:30p - 7:30p	12
13 REC ACTIVITY: Fall Foliage Drive And Lunch 9:00a - 3:00p	14	15 REC ACTIVITY: Cinemark Movie & Dinner Out 2:30p - 7:30p	16 Bowling League	17 Spooky S'mores Night @ MARC No registration required 5:30p - 7:00p (REC available 4p-9p)	18	19 REC ACTIVITY: Foster Farm And Lunch 9:00a - 3:00p
20	21	22 REC ACTIVITY: Let's Explore with Lynn Damon 2:30p - 6:30p	23 Wellness Wednesday Chair Yoga with Barbara 151 Fitness Center 12:30p - 1:30p Bowling League	24 Halloween Dance @ East Catholic High No registration required 5:30p - 7:30p (REC available 4p-9p)	25 REC ACTIVITY: REC Club Night @ MARC Activity: Pumpkin Carving 2:30p - 6:30p	26
27 REC ACTIVITY: Wolf Pack Game 1:30p - 8:00p Game at 4:00	28	29 REC ACTIVITY: Bowling at SpareTime 2:30p - 6:30p	30 Bowling League	31 HAPPY HALLOWEEN!		

To register for a MARC REC event, visit the Recreation page on our website, www.marcct.org/rec