



MARC Inc.
Wellness

February Wellness Calendar

Monday



Tuesday



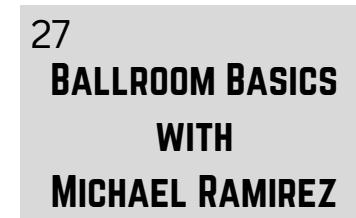
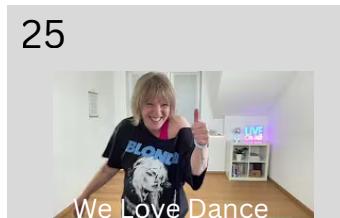
Wednesday



Thursday



Friday



All activities take place in the 151 Sheldon Rd. fitness center starting at 12:30 pm and are open to all people served and staff.

Please see Amanda Moore with any questions. amoore@marcct.org